RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

AnnualSelf-Assessment-Cum-Performance Appraisal Report

(For Physical Education Directors)

ACADEMICYEAR:2023-24

APPLICABLE FROM 1.1.2016

(As per The Gazette of India: Extraordinary, Part III Section 4, U.G.C.Notification dated 18th July, 2018approvedbyGovt.ofMaharashtra videG.R.No. Misc.2018/C.R.56/18/ UNI-1 dated 8th March, 2019 and 10th May, 2019)

(To be completed and submitted at the end of each academic year)

PART A: GENERAL INFORMATION AND ACADEMIC BACKGROUND

1. Name (in Block Letters) NARESH AMBADASJI BHOYAR Father's/Husband's Name AMBADASJI L. BHOYAR PHYSICAL EDUCATION Current Designation & Grade Pay ASSIOCATE PROFESSOR 13A 131400-217100 5. Date of last Promotion 01/07/2022 6. For which position and grade Pay you are an applicant under CAS? PROFESSOR 144200-218200 7. Date of eligibility for promotion 08/07/2025 Date and Place of Birth 15/01/1969 & Kalamb 9. Sex MALE 10. Marital status MARRIED 11. Nationality INDIAN 12. Indicate whether belongs to SC/ST/OBC: OBC 13. Address for correspondence SHRI SAIBABA LOK PRABODHAN ART COLLEGE, WADNER, TA. HINGANGHAT, DISTT. WADHA-44207 14. Permanent Address (with Pincode) INDIRA GANDHI WARD, NEAR SHIVAJI

DISTT. WARDHA

MARKET, HINGANGHAT.

Telephone No : 7798336885/9422144132

Email : nareshbhoyar5@gmail.com

15. Academic Qualifications (Matric onwards till post graduation) :

Examinations	Name of the Board / University	Year of Passing	Percentage of marks obtained	Division / Class / Grade	Subject/s
High School / Matric	NAGPUR	1986	44.39	III	ENG, MAR, HINDI MATH, SOC. SCI
Intermediate / HSSC	NAGPUR	1988	56.50	11	ENG, MAR, SOC. HIS. POL. ECO.
B.Com.	AMRAVATI UNIVERSITY	1991	44.61	Ш	
B.P.Ed.	AMRAVATI UNIVERSITY	1992	68.75	I	PHY, EDU.
M.P.Ed.	NAGPUR UNIVERSITY	1994	64.10	1	PHY. EDU.
Other examination, if any					

16. Research Degree(s):

Title / Topic	Date of award	University
शासकीय व अशासकीय अपंग व मुकबधीर शाळामधील	27.06.2009	Y.C.M. Open
		Universtiy Nashik
		R. T. M.
Sportsperson and Nonsportsperson Having Different Intiligence Level With Different Socio-	16 March 2015	Nagpur University
Economics Status Background.	101111111111111111111111111111111111111	Nagpur
	शासकीय व अशासकीय अपंग व मुकबधीर शाळामधील क्रीडा विषयक प्रगती या सर्व्हेक्षणात्मक अध्यास (कार्यकाळ २००२ - २००७) Anxiety Aggression and Alientation Amount Sportsperson and Nonsportsperson Having	शासकीय व अशासकीय अपंग व मुकबधीर शाळामधील 27.06.2009 क्रीडा विषयक प्रगती या सर्व्हेक्षणात्मक अध्यास (कार्यकाळ २००२ - २००७) Anxiety Aggression and Alientation Amount Sportsperson and Nonsportsperson Having Different Intiligence Level With Different Socio-

17. Appointments held prior to joining this institution:

Sr. No.	Designation	Name of Employer	Date of Joining	Joining Leaving	Salary with Grade	Reason of leaving
1.	LECTURER	Shri Babasaheb Gharfalkar College of Phy. Edu. Pulgaon	26/03/1996	8/07/2009	as per govt.	Better Opp.

18. Posts held after appointment at this institution :

Designation	Depatment	Date of Actual Joining	Grade
Assistant	Dept. Of Physical Education	08-07-2009	15600-39100
Professor	Shri Saibaba L.P.A. College.		(6000 AGP)
Assistant	Dept. Of Physical Education	08-07-2014	1560039100
Professor Stage-I	Shri Saibaba L.P.A. College.		(7000 AGP)
Assistant	Dept. Of Physical Education	08-07-2019	AL-12
Professor Stage-II	Shri Saibaba L.P.A. College.		79800-139800
Assiocate	Dept. Of Physical Education	08-07-2022	AL13A
Professor	Shri Saibaba L.P.A. College.		131400-217100

	100 25500
19. Period of teaching experience: P.G. Classes (in years)	
U.G. Classes (in years)	15

20. Research Experience excluding years spent in M. Phil / Ph. D. (In years):	
21. Fields of Specialization under the Subject/Discipline	
(a)	4
(b)	

22. Academic Staff College Orientation / Refresher Course attended :

Name of the Course Summer School	Place	Duration	Sponsoring Agancy
Orientation	UGC. HRDC. R. T. M. Nagpur University.	27 June 2011 To 14 Jully 2011	UGC New Delhi
Refresher	UGC. HRDC. R. T. M. Nagpur University.	05 March 2014 To 25 March 2014	UGC New Delhi
Refresher	UGC. HRDC, R. T. M. Nagpur University.	10 Oct 2018 To 30 Oct 2018	UGC New Delhi
Refresher	UGC HRDC. G. G. Viswavidylaya, Bilaspur	10 June 2019 TO 22 June 2019	UGC New Delhi
Refresher	UGC. HRDC, R. T. M. Nagpur University.	12 Jully 2021 To 24 Jully 2021	UGC New Delhi

Signature of Candidate

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Date:30/04/2024

PARTB:ACADEMIC PERFORMANCE INDICATORS

CATEGORY :I

ASSESSMENT CRITERION FOR TEACHING, TRAINING, COACHING, SPORTS PERSONDEVELOPMENT AND SPORTS MANAGEMENT ACTIVITIES

1. a. Attendance calculated in terms of percentage of day attended to the total number of day he is expected to attend.

(Direct Teaching I a. Lecture cum practice based athlete/sports classes, practical,

Sr. No.	Course / paper	level	Method of teaching	Hours allotted per week	Hours engaged	Percentage of lectures engaged/ conducted	Gradi
01.	Lecture cum Practical: As per RTM Nagpur University Ordinance (3) the college time table of physical training (P.T)was created for the classes B.A. I, II & III year Students	All college students	Demonstr ation and practice	9 hrs.	9 hrs.	95 %	Good
02.		All teams those are selected for inter collegiate tourname nts	Game practice	6 hrs. / week	6 hrs. / week	95%	Good
03.	Seminars: Seminars were allotted to all the team captains so that the captain himself should aware of all the skill details in the particular game and every captain regularly delivered these seminars (Approx. once in a	All Team Captains	By showing them rules videos and upgrade their knowledg e about new rules	01 hrs. / week	01 hrs. / week	95%	Good

week per game)

development: Provide Facilities approved safety sports equipments. Conduct regular practice session. Provide coaching & scientific training for the enhancement performance of player. Provide Suggestions to take proper diet, nutrition, rest and recovery. Rehabilitation of injured player through Doctor. Showing Video clips of different games for better understanding of technique, tactics and strategy.	College	Arrange guest lecture, showing them skill videos	15 hrs. /semest er approx.	15 hrs. /semes ter approx	95%	Good
and strategy.				65.03		

Direct Teaching b. Identifying sports talents and Mentoring sports excellence among students.

Sr.no	Name of activity	Methodology adopted	Hours allotted per week	Hours engages	Percentage of lectures engaged/ conducted	Grading
	In the 02-Days sports meet, organized at college level various competitions were held in which the merit students were identified. By personally interacting with newly admitted students in B.A. I, II & III Year the players who participated or winners in Junior College U-19 tournaments conducted by DSO or Association were selected for future competitions. The merit students identified were given special attention for their coaching. Provide facilities to students The playground, equipment's or other infrastructure of college was made available to these players.	student's fitness and performance		180hrs./years	95%	Good

Grading Criterion:- 90% and above - Good; above 80% but below 90% - satisfactory; less than 80% - Not satisfactory.

**As per table under the document Annexure I (A)

Overall grade (Category 1):-	Good
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Signature of Teacher

Verified and found correct:

Dr.Sanjay A.Diwekar
IQAC Co-ordinator
Shri Saibaba Lok Prabodhan Arts College
WADNER

Signature of V.C./H.O.D./Principal Lok Prabodhar

Final Score approved by the Screening / Selection Committee: (For Category: I)

Signature of Chairman Screening / Selection Committee

PART B: ACADEMIC PERFORMANCE INDICATORS CATEGORY:-II

Involvement in Administrative, Examination, Co curricular, Extension and Professional Development Related Activities.

2. Organizing intra college competitions

Sr.No.	Detail of Competition	Date	Target Group	Grading
01.	LONG JUMP (M & W)	04 Mar.2024	College Boys & Girls	Good
02.	SHOT PUT (M & W)	04 Mar.2024	College Boys, & Girls	Good
03.	JAVELIN THROW (M & W)	04 Mar.2024	College Boys & Girls	Good
04.	DISCUSS THROW (M & W)	04 Mar.2024	College Boys & Girls	Good
05.	100 Mtr. RUNNING (M & W)	04 Mar.2024	College Boys & Girls	Good
06.	KABADDI (M & W)	04 Mar.2024	College Boys & Girls	Good
07.	VOLLEY BALL (M & W)	04 Mar.2024	College Boys & Girls	Good

Grading Criteria: Good – Intra college competition in more than 5 disciplines; **Satisfactory**- Intra college competition in 3-5 disciplines; **Unsatisfactory**- Neither Good nor satisfactory

3. Institution participating in external competitions.

Sr.No.	Detail of Competition	Duration	Organizing institute	Grading
01.	RTMNU Inter College JUDO (Men)	30-10-2023 to 01-12-2023	Jotiba college of Phy Edu. Nagpur.	Good
02.	02. RTMNU Inter College Kabaddi (Men)		S. S. N. J. Mahavidhyalaya, Deoli	Good
03. RTMNU Inter College Kabaddi (Women)				Good
04.	RTMNU Inter College Athletics (M & W)	27-10-2023 to 30-10-2023	RTMNU Play fields, Nagpur .	Good
05.	RTMNU Inter College Kho-Kho (Men)	02-11-2023 to 05-11-2023	RTMNU Play Ground, Nagpur	Good
06.	RTMNU Inter College Volleyball (Women)	31-10-2023 to 01-11-2023	G. S. Commerce College, Wardha.	Good
07. Sauth West Zone & All India Inter University Judo Championship (Men)		05-02-2024 to 08-02-2024	Guru Nanak Dev University, Amrutsar.	Good

Grading Criteria: Good – Good - National level competition in at least one discipline plus State/District level competition in at least 3 disciplines; Satisfactory- State level competition in at least one discipline plus district level competition in at least 3 disciplines.

OR

District level competition in at least 5 Disciplines; Unsatisfactory – neither good nor satisfactory

4. Up-gradation of Sports and physical training infrastructure with Scientific and Technological inputs. Development and maintenance of play fields and sports and physical education facilities.

Sr.No.	Indicator / activity	Nature of work	Grading
01.	Attended National, International Conferences and Seminar for upgradation of scientific and Technological knowledge.	Attended Conferences and Seminar	Good
02.	Maintenance of play field of Kho-Kho & kabaddi by spreading ground soil watering and rolling	College Play Ground	Good

5. i) At least one student of the institution Participating in National/ State/University(for college levels only) teams. Organizing State/National/Inter University/Inter college level competition.

Sr. No.	Name of student	Whether National/ state/ university (for college level only) teams. organizing state/ national/ inter university/inter college level competition	Name of event with duration	Organizing institute	Gradin
01.	Mr. Gaurav Ghodmare Judo (Men) II nd Place 90 Kg.	RTMNU Inter College Judo (Men) (Selection Trials)	Judo 30-10-2023 to 01-12-2023	Jotiba.C.P.E. Nagpur.	Good
02.	Mr. Gaurav Ghodmare	Sauth West Zone & All India Inter University Judo Championship (Men)	05-02-2024 to 08-02-2024	Guru Nanak Dev University, Amrutsar.	Good

5. ii. Being invited for coaching at State/National level:

Sr. No.	Name of organization	Period		
			Grading	
	Nil			

5. iii. Organization at least three Workshop in a year:

Sr. No	Name of Workshop	Date/ period of organization	Period	Grading
01.	Organized By Shri Saibaba L. P. Arts College Multi-Disciplinary National Level E-Conference	31st January 2024	1Days	Good

	On 'Current Trends in Humanities'			
02.	Workshop On "Volleybull Skill Guidance" Org by Dept. of Physical Education	12-09-2023	1 Day	Good
03	Workshop On "Yoga Margadarshan" Org by Dept. of Physical Education	10-04-2024	1 Day	Good

5. iv. A. Publication of at least one research paper in UGC approved Journal.

Sr.	Tital with page nos	Journal	Issn/isb n no	Whether peer reviewed impact factor, if any	No of co- otho rs	Whethe r you are the main author	Whether refreed/ot her journals notified by the UGC	Gradin g
01.	Physical Education and National Education Policy: Development of Physical Activities in School Curriculum. Page No. 136 to 138	UARSCT Issue-37, Vol-3, Issue-4 December 2023	1SSN: (Online) 2581- 9429		No	Yes	Internation al Open- Access, Double- Blind, Peer- Reviewed, Referred, Multy Online Journal.	Good
02.	Importance of Physical Activities And Sports For Nourishment And Wellness: Right To Health Page No. 35 to 38	Sanshodh ak Purwani Visheshan k-14 December -2023	ISSN No 2394- 5990		No	Yes		Good
03.					No	Yes	UGC Care List	Good
04.					No	Yes		Good

6. iv. B. Assistance in college administration and governance related work including work done during admissions, examinations and extra curricular college activities.

Sr.No.	Responsibility	Grading
01.	Nodal Officer, AISHE & DHE- MIS, Pune	Good
02.	Coordinator of Sports Committee	Good
03.	Coordinator of Yoga & Meditation Committee	Good
04.	Coordinator of Compatur Basic Training Committee	Good
05.	Chairman of Staff Club	Good
06.	Member of IQAC	Good
07.	Member of College Admission Committee	Good
08.	Chif Supervior of R.T.N. Nagpur University Theory Exam-Winter-23 & Summer 24	Good
09.	Member of Judo selection committee (Men & Women)	Good
10.	Manager, All India Inter University Judo(W) Tournment.	Good
11.	Chairman of Placement Screening Committee	Good

Grading criteria for II d. i tov: - Good: involved in any two activities; satisfactory: 1 activity;

Notsatisfactory: not involved/undertaken any of the activity

Note: -Overall grading criteria

Good: -Good in category-I. and satisfactory/good in any other items under Category-II.

Satisfactory: -Satisfactory in category-I and satisfactory/ good in any other two items under Category:-II.

Not Satisfactory: If neither good nor satisfactory in overall grading.

**As per table under the document Annexure II (A)

Overall Grading (Category : II) :-	Good
	Signature of Teacher
Dr. Sanjay A. Diwekar IQAC Co-ordinator Shri Saibaba Lok Prabodhan Arts College Final Score Approver by the Screening / Selection Committee: (For Category II)	Signature of V.C. Principal Arts College, Wadner

Signature of Chairman Screening / Selection Committee

PARTB: ACADEMIC PERFORMANCE INDICATORSCATEGORY :III RESEARCH, PUBLICATIONS AND ACADEMIC CONTRIBUTIONS

II .A. Research Paperspublication:

Sr. No.	Tital with page nos	Journal	Issn/ Isbn No	Whether peer reviewed impact factor, if any	CO-	Whethe r you are the main author	Whether refreed/ other journals notified by the UGC	Augm ented API Score
01.	Physical Education and National Education Policy: Development of Physical Activities in School Curriculum. Page No. 136 to 138	IJARSCT Issue-37, Vol-3, Issue-4 December2 023	ISSN: (Onlin e) 2581- 9429	Impact Factor- 7.301	No	Yes	Internationa I Open- Access, Double- Blind ,Peer- Reviewed, Referred, Multy Online Journal.	10
02.	Importance of Physical Activities And Sports For Nourishment And Wellness: Right To Health Page No. 35 to 38	Sanshodha k Purwani Visheshank -14 December- 2023	ISSN No 2394- 5990		No	Yes	UGC Care List	10
03.	Impact of Trends And Technological Tools On Performance Of Players. Page No. 5 to 8	Sanshodha k Purwani Visheshank -22 March- 2024	ISSN- 2394- 2886		No	Yes	UGC Care Ust	10

III. B. Publications other than journal articles (books, chapters in books):

Sr. No	Tital with page nos/ Chapter with page no.		Publication International l/National/ Local	ISSN ISSN No.	Whether Aproved by university	No of co- others	Whether you are the main author	API
1.	Health Awarness Through Physical Education And Sustamable Development PageNo. 65to69	ICSSR Sponsore d OneDay National Seminar G. S. Comm, College, Wardha	ISBN 978- 81- 970389-8- 3		Yes	No	Yes	0.3

III. C. CREATION OF ICT MEDIATED PEDAGOGY AND CONTENT AND DEVELOPMENT OF NEW AND INNOVATIVE COURSES AND CURRICULA

Sr. No.	Innovative Pedagogy/ New Curricula/ Courses/ MOOCs/ E- Content	Name of Activity	Authority Concern	Publis her	Course Credit/ Module	API Score
01.						
187						

III. D.a. RESEARCH GUIDANCE:

Sr. No.	Number Enrolled	Thesis Submitted	Degree awarded	API Score
M. Phil.	NIL	MARKET STATE OF THE STATE OF TH	THE RELEASE	
Ph. D.	NIL			
P.G. Dissertation	NIL			
Total	RICHARD STATE			NIL

III. D.b. RESEARCH PROJECTS COMPLETED:

III. D. b (i). Sponsored Projects:

Sr. No.	Title	Agency	Period	Grant / Amount Mobilized (Rs lakh)	Policy Document Generated	API Score
01.	NIL					
	Total					

III. D.b (ii). Consultancy Projects:

Sr. No.	Title	Agenc y	Period	Grant / Amount Mobilized (Rs lakh)	Policy Document Generated	API Score
01.	NIL					
	Total					

III. D.c ONGOING RESEARCH PROJECTS:

III. D.c (i). Sponsored Projects:

Sr. No.	Title	Agency	Period	Grant / Amount Mobilized (Rs lakh)	API Score
01.	NIL				

III. D. c (ii). Consultancy Projects:

Sr. No.	Title	Agency	Period	Grant / Amount Mobilized (Rs lakh)	API Score
01.	NIL				
Total	MINERAL SERVICES		NEW ME		

III. E.a. Patents Awards:

Sr. No.	Title of Patents	Award Conferring Organization	National/ International	Patent Number	API Score
01.	NIL				
Total					NIL

III. E. b Policy Document:

Sr. No.	Title of Document	Policy Document Submitted to	International/ National/ State Government/ Central Government	Publisher	API Score
01.	NIL				
Total					NIL

III. E. c. Fellowships and Awards:

Sr. No.	Fellowship/ Award	Award conferring Organizati on	Event Organized by	Whether international/ national/state / regional / collegeor university level	API Score
01.	NIL				
Total					NIL

III. F. Invited lectures / paper delivered in conferences/ seminars:

Sr.No.	Invited talk / paper presented	Title of Conference/ Seminar	Event organize d by	Whether International (Abroad) International (Within country) National/state	API Scorer
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	/regional/colle ge/university level	

Note:

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- Paper presented if part of edited book or proceeding then it can be claimed onlyonce.
- For joint supervision of research students, the formula shall be 70% of the total score for Supervisor and Co-supervisor. Supervisor and Co-supervisor, both shall get 7 markseach.
- * *For the purpose of calculating research score of the teacher, the combined research score from the categories of 5(b). Policy Document and 6 .Invited lectures/Resource Person/Paper presentation shall have an upper capping of thirty percent of the total research score of the teacherconcerned.

**As per table under the document Annexure III (A)

Final Score approved by the Screening / Selection Committee: (For Category: III)

Total Score (Category: III) :- 40
	Det
	Signature of Teacher
Offine.	Verified and found correct:
Dr.Sanjay A.Diwekar IQAC Co-ordinator	Principal Principal
ri Saibaba Lok Prabodhan Arts College WADNER	Signature of V.C./ Principal balls J. ok Prabodha Arts College, Wadner
Signature of Chairman Screening / Selection Committee	

IV. Summary of Grades/ API Score

Category	Criteria	Academic year	Grades / API	Annual API score for category III only
I.	Assessment criterion for Teaching, Learning and evaluation related activities	2023-24	GOOD	
11.	Involvement in Administrative, Examination, Co-curricular, Extension and Professional Development Related Activities	2023-24	GOOD	
III.	Research and Academic Contribution	2023-24	33	

Signature of Teacher

IQAC Co-ordinator

Shri Saibaba Lok Prabodhan Arts College

WADNER

Verified and found correct:

Principal

Signature of Chairman Screening / Selection Committee

PART C: OTHER RELEVANT INFORMATION

Please give details of any other credential, significant contributions, awards received etc. not mentioned earlier.

Sr. No.	Details (Mention Year, value etc. where relevant)
01.	Life Membership of N.U.P. E.T.A. Nagpur.

LIST OF ENCOSURES:

(Please attach copies of certificates, sanction order, papers etc. Wherever necessary)

01.	Refresher Course Certificate
02.	Certificate of College Work Session – 2023 – 2024 a) Nodal Officer, AISHE & DHE, MIS, Pune b) Coordinator of Sports Committee
	c) Coordinator of Yoga & Meditation Committee d) Coordinator of Compatur Basic Training Committee e) Chairman Staff Club f) Member of IQAC g) Member of College Admission Committee
03.	Member of Judo selection committee (Men & Women)
04.	As a Manager, All India Inter University Judo (Men) Tournment.
05.	Chif Supervior of R.T.N. Nagpur University Theory Exam-Winter-23 & Summer 24
06.	Chairman of Placement Screening Committee
07.	Chairman of AAA Committee.
08.	Intra college Competation Notic
09.	Participetion of External Competation 2021-2022 University Selection Latter.
10.	Organized By: A) Yoga Margdarshan Programmee B) Workshop on 'VolleyBall Skill Guidence' C) Shri Saibaba L. P. Arts College, Multi-Disciplinary National Level E- Conference On 'Current Trends in Humanities' 31st January 2024
11.	Physical Education and National Education Policy: Development of Physical Activities in School Curriculum. Page No. 136 to 138. IJARSCT Issue-37, Vol-3, Issue-4. December 2023 International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multy Online Journal.
12.	Importance of Physical Activities And Sports For Nourishment And Wellness: Right To Health. Page No.35 to 38. Sanshodhak Purwani Visheshank-14 December-2023 UGC Care List
13.	Impact of Trends And Technological Tools On Performance Of Players. Page No. 5 to 8 Sanshodhak Purwani Visheshank-22, March-2024, UGC Care List
14	Health Awarness Through Physical Education And Sustainable Development PageNo.65 to 69 ICSSR Sponsored OneDay National Seminar. G. S. Comm, College, Wardha

I certify that the information provided is correct as per records available with the University / College and / or documents enclosed along with the duly filled PBAS Performa.

Signature of the faculty with Designation, Place & Date

Dr. Sanjay A. Diwekar
IQAC Co-ordinator
Shri Salbaba Lok Prabodhan Arts College
WADNER

Principal
Shri Saibaba Lok Prabodhan
Arts College, Wadner
Signature of V.C./ School
Chairperson / Principal / HOD

N:B: The Annual Self-Assessment proforma duly filled along with all enclosures, submitted for CAS promotions will be verified by the university/college and information filed with the IQAC.